



PROFESSIONAL DEVELOPMENT WORKSHOPS

JOIN PLW IN GUIDING TEACHERS TO
BRING MINDFULNESS TO THEIR
CLASSROOM



PLW NOW OFFERS PD DAYS FOR ALL TEACHERS, FACULTY & STAFF. IT HELPS THEM TO ENROLL THE CONCEPTS OF YOGA, MINDFULNESS AND SELF- LOVE FROM THEIR MATS TO THE LIVES OF THEIR STUDENTS!

Please email marialana@projectlittlewarriors.com for more information!